

NOTES

Doctors Name: _____

Address: _____

Contact #: _____

Nurses Name: _____

Address: _____

Contact #: _____

Notes: _____

Place the medical office
business card here



Visit our website at:

[Poziotinib - Lung - Cancer - Study.com](http://Poziotinib-Lung-Cancer-Study.com)



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POZ180303100

POZIOTINIB

PATIENT INFORMATION

How to Manage Side Effects



Poziotinib is an investigational drug that
has not been approved by the FDA.



Introduction

Poziotinib belongs to a class of drugs known as Tyrosine Kinase Inhibitors (TKIs). Since this class of drug has a different mechanism of action than conventional chemotherapy drugs, they have unique side effects.

The more commonly experienced side effects with TKIs include skin rash, diarrhea and mucositis.

These side effects can be managed with the help of your study team. In addition, occurrence of these side effects with TKI drugs, such as rash, have been shown to serve as signs that these products may have an effect on the targets.

This brochure is intended to provide patients and caregivers with information on the most common side effects among patients receiving poziotinib.

Side Effects:

Skin Rash

Patients on the poziotinib trial may experience skin rash on their face and/or on their body. Typically, this rash may look like acne rash.



When should I call my doctor?

On first sensation or appearance of the rash call the poziotinib study team and follow their advice.

Take these steps:

- » Apply alcohol-free, fragrance-free, hypoallergenic moisturizer daily and on feet and hands at bedtime
- » Drink plenty of fluids (at least two liters per day) to stay hydrated, and avoid caffeine
- » Apply oil-free sunscreen of at least SPF 30 and wear protective clothing when in sunlight
- » Avoid hot showers
- » Avoid walking barefoot, and wearing tight-fitting footwear
- » Wear only hypoallergenic makeup
- » Use mild detergents and skin cleansers
- » Don't use over-the-counter anti-acne medications

Diarrhea

Diarrhea is the passage of loose or watery stools 3 or more times a day with or without discomfort.

Important information on diarrhea preventive medication:

Due to the risk of diarrhea, you will be given a medication called loperamide to help prevent diarrhea.

You should not stop taking loperamide without consulting with your study doctor.



When should I call my doctor?

Call the poziotinib study team immediately upon experiencing diarrhea and follow their advice.

Take these steps:

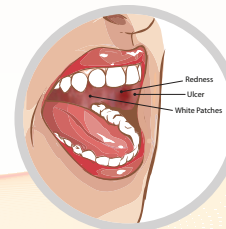
- » Try a clear liquid diet (one that includes water, clear broth, popsicles, and gelatin with no solids added) as soon as diarrhea starts or when you feel that it's going to start.
- » Eat small meals often. Don't eat very hot or spicy foods.
- » Avoid greasy foods, bran, raw fruits and vegetables, and caffeine.
- » Don't drink alcohol or use tobacco.
- » Avoid milk or milk products if they seem to make diarrhea worse.
- » Be sure your diet includes foods that are high in electrolytes (such as bananas, potatoes, apricots, oranges and sports drinks like Gatorade® or Powerade®).



Mucositis (Mouth Sores)

Mouth Sores are like little cuts or ulcers in the mouth. The lesion may be very red, or may have small white patches in the middle.

They may bleed or become infected. There are various causes of these mouth sores and TKI drug might be one of those.



When should I call my doctor?

Call the poziotinib study team upon first appearance of these sores.

Take these steps:

- » Check your mouth twice a day using a small flashlight and a padded popsicle stick. If you wear dentures, take them out before you check your mouth.
- » Follow the plan below for mouth care 30 minutes after eating and every 4 hours while you're awake, or at least twice a day unless you've been given other instructions:
- » Brush your teeth using a soft nylon bristle toothbrush. To soften the bristles even more, soak the brush in hot water beforehand and rinse it with hot water during brushing. If the toothbrush hurts, use a popsicle stick with gauze wrapped around it.
- » Get soft foam mouth swabs to clean your teeth. (You can buy these at a drugstore)
- » Use a non-abrasive toothpaste that contains fluoride.
- » Choose foods that are soft, wet, and easy to swallow. When your mouth is sore, try cooked cereals, mashed potatoes, and scrambled eggs.
- » Avoid drinking orange, lemon, tomato, or grapefruit juice and alcoholic drinks. Avoid spicy foods or food or drinks that have sugar in them such as candy and soft drinks.

Other Side Effects:

You may experience other side effects which are less common and are not listed here.



If you notice any unusual symptoms, please call the poziotinib study team.

Take these steps:

- » Keep a diary of your poziotinib tablets
- » Share the information on all medications/supplements/herbs you are taking
- » Exercise regularly as this has shown to decrease cancer related fatigue
- » Maintain a healthy weight
- » Sleep at least 7-8 hours at night and if needed nap during early afternoon